

LIFE CONCERT & SHABAD KIRTAN WORKSHOP

PRABHU NAM KAUR KHALSA

18.05. - 20.05.2012

AMAR DAS Kundaliniyoga Zentrum

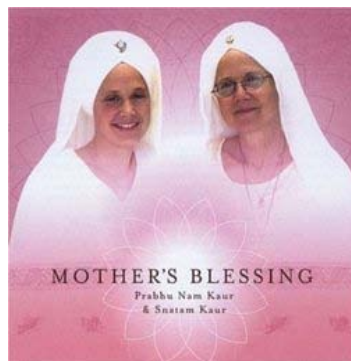


Workshop description:

This workshop will explore the meaning and depth of shabad, the embodied form of **pure sound current**, from which **MANTRA** is derived. History, pronunciation, meaning, and effect of particular examples of shabad kirtan will be presented. Practices to **prepare and enhance the voice** will be taught, and there will be a great deal of time devoted simply to **singing to our heart's content** to evoke the subtle and beautiful power of shabad. *Through chanting mantras and hymns, we merge into harmony with the universe, through the sound current ("Naad"). Friday evening's chants will uplift and prepare us for the deeper understanding of the Saturday (& optional Sunday) workshop*

Biography:

Prabhu Nam Kaur has been singing sacred mantra and shabad (Kirtan) from the Kundalini Yoga and Sikh traditions for more than 35 years. She aspires to sing these songs of God with devotion, so that their wisdom and beauty can shine forth, and so that listeners can find their own ability to sing and experience them, as well. Her most recent CD is titled, **Seasons of the Soul**, released in June 2011 by Spirit Voyage Records. Together with her daughter Snatam Kaur, she has also recorded the CD, **Mother's Blessing**. She lives in San Leandro, California, USA and is married to **Sat Santokh Singh**, who teaches Self-Worth workshops throughout Europe and the US. She is the mother of **Snatam Kaur**, who travels the world sharing her music.



Workshop Details:

-OPEN for everybody who is interested-

Fr 18.05.2012: **LIFE CONCERT**: 7pm-9pm (22 Euro)

Sa 19.05.2012: 10am-6pm (80 Euro)

So 20.05.2012: 10am-4pm (OPTIONAL!, 80 Euro)

Concert & Weekend Workshop 155 Euro

Erste Bank; BLZ 20111; Kontonummer: 28347456900

Dr. Daniela Häusler; Verwendungszweck „Shabad Kirtan“

Location:

AMAR DAS Kundaliniyoga Zentrum

Kleine Stadtgutgasse 3/Eingang Ecke Aloisgasse

1020 Wien (U1, U2, oder Schnellbahn: PRATERSTERN, Ausgang Heinestrasse)

Registration & Infos: Japmeet Kaur daniela.haeusler@meduniwien.ac.at +436765588993